

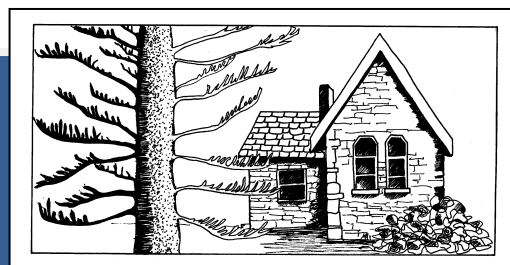
Mount Keira Demonstration School

Established 1861 "Learning and Caring"

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MOUNT KEIRA NSW 2500

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Website www.mtkeira-p.schools.nsw.edu.au



The Summit Term 1 Week 6 Tuesday 6 March 2018

Term 1 Week 6

| | |
|--------------------------|---|
| Wednesday 7 March | NRL Dragon's Visit 2pm |
| Thursday 8 March | In-school testing for Year 5 2018 AG Class |
| Friday 9 March | Clean up Australia Day in schools- rescheduled from Monday |

Term 1 Week 7

| | |
|---------------------------|--|
| Monday 12 March | Monday Munchies- Sushi |
| Tuesday 13 March | SRC Mufti Day- bring gold coin donation |
| Wednesday 14 March | WCC Art Gallery Enrichment- Year 4 students who nominated |
| Thursday 15 March | Selective High School 2019 testing |
| Friday 16 March | WCC Art Gallery Enrichment- Year 6 students who nominated |
| Friday 16 March | School Disco |
| Saturday 17 March | Progressive Dinner |

Term 1 Week 8

| | |
|---------------------------|--|
| Tuesday 20 March | Year 5/6 Debating Workshop- students who nominated |
| Wednesday 21 March | Harmony Day |
| Wednesday 21 March | WCC Art Gallery Enrichment- Year 1 students who nominated |
| Friday 23 March | Regional AFL trials- Batemans Bay- selected students |

Other important dates for 2018

| | |
|-------------------------------|--|
| 30 March & 2 April | Easter Public Holidays |
| Tuesday 10 April | School Photos |
| Thursday 12 April | Showcase Assembly 2pm |
| Friday 13 April | Last day of term |
| Monday 30 April | Staff Development Day |
| Tuesday 1 May | Students return to school for Term 2 |
| Friday 4 May | District Cross Country |
| Monday 11 June | Queen's Birthday Public Holiday |
| 12-15 June | Years 5 and 6 Berry Sport and Recreation Camp |

Dear Parents

Autumn is a lovely time of the year and the autumn weather has definitely arrived this week. As the weather during this season is often unpredictable it is advisable to put a school jumper into your child's school bag.

Please ensure all belongings have your child's name clearly printed on them so they can be returned if they are misplaced.

Clean up the School Day

Due to the rain on Monday we have had to reschedule our cleanup until Friday 9 March. Please ensure your child brings a pair of gloves with them so they can do some gardening and tidying of the grounds.

Selective High School testing

This testing will take place on Thursday 15 March from 9am to 1.30pm at **Smiths Hill High School**, Gipps St, Wollongong. Parents of children in Year 6 who have applied for a selective high school and have children participating in this test should have already been advised of the necessary information. Please contact Mount Keira Demonstration School or Smiths Hill High School if you have any further questions. You may also visit <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7/the-test> to find:

- A map of test centre addresses under the heading 'The test'.
- The bulletin, Test information for parents and students. The bulletin contains very important information about the test and should be read carefully.

Wollongong High School of the Performing Arts

Wollongong High School of the Performing Arts (WHSPA) are currently taking applications for specialised Dance, Drama, Music and Visual Arts placements. They can be submitted online through the Wollongong High School of the Performing Arts website Wollongong-h.school@det.nsw.edu.au. Applications close Friday 9 March 2018. Please visit the website or contact WHSPA directly for further information.

Goal setting sessions

Goal setting sessions are now wrapping up. It was wonderful to see so many students and parents involved in these valuable sessions. Your child's teacher is now busy programming to meet each and every individual needs. If you were unable to attend a goal setting session, please contact your teacher to arrange a time to discuss your child's development and future learning.

Emergency Drills

A WH&S requirement of all schools is that we conduct regular evacuation and lockdown drills. During the coming weeks we will be having an **emergency evacuation drill** to ensure that the process we have in place is adequate in the event of a 'real' emergency. Please don't be alarmed if your child comes home talking about a drill. In the event of a 'real' emergency, the school community will be officially notified.

Mufti Day for the School Disco

The SRC has been busy organising a mufti day to raise funds for the upcoming school disco. The mufti day has been organised for Tuesday 13 March. There will be a gold coin donation for wearing mufti, which will be collected and counted by our wonderful school leaders. If you are interested in attending the disco on 16 March, please RSVP via Skoolbag.

District Swimming Carnival

The school recently sent a team to the District swimming carnival at the Western Suburbs pool. All competitors gave it their best and showed wonderful sportsmanship. A big congratulations to the swimmers who competed and represented Mount Keira Demonstration School. Thank you to our parents who helped out on the day.

Year 5/6 Berry Camp

Stage 3 are scheduled to visit the Berry Sport & Recreation Camp in Week 7 of Term 2 from 12 to 15 June March. Expression of interests will be sent home shortly and are due back to the school by Friday 9 March. Please ensure you have returned all necessary paperwork by this date in order to confirm your child's attendance.

Sporting Trials

We have recently had a number of students from Mount Keira Demonstration School attend the PSSA trials in various sporting activities. Well Done to Charlotte W, Thomas C, Louis G, Jack C, Thomas C, Xavier M, Lachlan G and Liam B.

Congratulations to Thomas and Louis who were selected in the district team for AFL and will now attend the zone trials at Batemans Bay on 23 March. We wish them all the best.

Premier's Reading Challenge

The Premiers' Reading Challenge started yesterday and concludes 31 August. We have included an information sheet for parents in this newsletter. Your child's teacher is their coordinator. We will be recording books at school however it is important for children and parents to register them at home to allow the students to read the required number of titles in the timeframe. We aim for 100% completion by students each year. Please take the time to visit www.premiersreadingchallenge.nsw.edu.au for information on how the challenge works and details of reading lists for your child's year. This is a great opportunity to explore new books and authors together as a family.

Harmony Day

Our diversity makes Australia a great place to live. Harmony Day is a celebration of our cultural diversity – a day of cultural respect for everyone who calls Australia home. The message of Harmony Day is '*everyone belongs*', the day aims to engage people to participate in their community, respect cultural and religious diversity and foster sense of belonging for everyone. Mount Keira will be celebrating Harmony Day on Wednesday 21 March.

Anaphylaxis

Our school is constantly reviewing the safety and well-being of all our students. Staff have had training in severe allergy management and we have implemented lots of strategies to help keep students at risk of anaphylaxis as safe as we can. It is important that our community is also aware about anaphylaxis and its effects. Please read the information sheet from the Allergy and Anaphylaxis Association and discuss them with your family, in particular the fact that food should not be shared and hands should be washed after eating.

Child Protection

Thank you to those families who have already completed their Working with Children Declarations as mentioned in the Week 3 Summit. If you did not receive your form or should you require another copy please see Mrs Christlo.

Have a great fortnight. Keep smiling ☺

Mrs Tenae Carroll
Principal

What's Due?

We have been following up some outstanding forms for a number of weeks now. Please ensure you check your child's bag regularly for notes. We fully understand that our parents have very busy lives but it is extremely important our notes are returned promptly before the due dates to give us time to get our activities coordinated.

| Activity/ Note | Students Involved | Due Date |
|---|-----------------------|-------------------------|
| Skoolbag Consent forms | Kinder & new students | Overdue |
| P and C Fees (envelopes sent home last fortnight) | All families | Overdue |
| Monday Munchies Sushi (complete bags as per instructions below) | Interested students | Thursday 8 March 3.15pm |
| Year 6 Transition to Year 7 form (form sent last week) | Year 6 | 10 March |
| P & C Progressive Dinner (invitations sent home today) | Interested families | 13 March on Skoolbag |
| P & C School Disco (invitations sent home today) | Interested families | 13 March on Skoolbag |
| P & C Raffle tickets (sent home last week) | All families | 15 March |

P and C News

Please refer to the new format P and C News included below.

Monday Munchies

This week's Monday Munchies is Sushi. Please refer to the instructions below (a separate copy was sent home last fortnight) for details on how to submit your order. Please ensure orders are placed by Thursday 8 March at 3.15pm.

How to order – Sushi \$3 and/or frozen yoghurt \$1

- write your name, class, order and price directly on a brown paper bag (parents must provide their own brown paper bags)
- one bag for lunch
- one bag for recess
- place one bag inside the other and put correct money in an envelope or plastic bag inside the paper bag so the bag is not contaminated.

Progressive Dinner Raffle

Raffle tickets for the dinner went home late last week with one book per family. Tickets cost \$1 each. More tickets are available from the office. Please ensure they are returned to school by Thursday 15 March either sold or unsold. All families that return a sold book go into the draw for a special prize. Additional books are available from the office.

Thank you to the following sponsors who have donated prizes:

Shoalhaven Tree Top Walk- Double pass

Surf Dive n Ski- Element Skateboard and Billabong backpack

Win Entertainment Centre- Harlem Globetrotters tickets

Ipac- tickets to a show (TBC)

Pet barn- Animal care pack

Swarovski- Crystal earrings

Samantha Wills- Sunglasses

Berkeley cakes and pies- Cake voucher

Our auction is also looking great. A number of items will be available via a silent auction. These items will be on display outside the office on the night of the disco as well as during the dinner. You are welcome to place a bid before the night or to get someone to bid for you. Thanks to our donors:

Jamberoo Recreation Park- a double pass

Surf Dive n Ski- Various surf items

Saltwater Dreamtime- painting

Swarovski- earrings

Crown Diamond Jewellers- Alex and Ani bracelet

The Little Birdcage Hairdressing- colour, cut and blowdry

Tosti Cellars Figtree- bottle of wine

Hoyts- 2 free passes

Element- skateboard

Bunnings- \$50 voucher

March 6, 2018

MKDS P&C

mkds.pandc@gmail.com

WHATS ON! OUR NEXT 3 EVENTS

School Disco: Friday March 16th at 5pm to 6.30pm
Kids get ready to look futuristic! Remember to RSVP via the notice on Skoolbag

Progressive Dinner: Saturday March 17th at 6pm
RSVP via Skoolbag

Easter Egg Hunt: In the week before Good Friday 30th of March. More details coming soon



Education NSW Secretary Mark Scott spoke at the P&C Conference on the importance of supporting our children and our school.

NEWS AND REMINDERS

You should have your raffle tickets for the progressive dinner. If you didn't receive them or you need more you can pick up extra books from the office.

Heather V has organized some great prizes. There is something for everyone.

You can still give unused/ good quality auction items to Heather.

P&C Fees are due now. \$20 per family



Contact Maddy M (Kindy mum) if you can donate any black and white items to decorate the progressive dinner tables or outside gardens (or send message/ photo to the WhatsApp group).

If you are paying for the progressive dinner online remember to use Dinner Surname as your reference

We are looking for pavers to do various jobs around the school. If you have some (similar to those around the frog pond) then drop them off to the right of the school garage door.

MONDAY MUNCHIES Sushi orders go out this week!

March 6, 2018

MKDS P&Cmkds.pandc@gmail.com**REMINDER**

We have new summer and winter school uniform options for the girls. Available now at Poppets

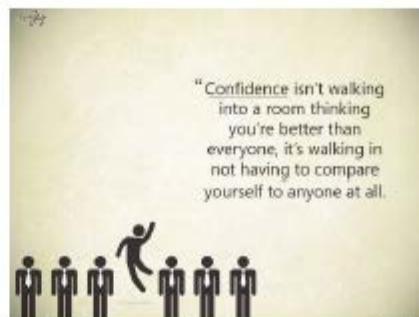
**Get Involved in the fun**

Outdoor play is a big part of healthy growth, learning, development and wellbeing for our children.

Get involved by joining the play space team who are working on a plan to improve play areas at MKDS. Contact Lili via mkds.pandc@gmail.com

You can also help by selling cookbooks or asking groups/ businesses you are connected with to buy them

CLINICAL PSYCHOLOGIST ANDREW FULLER SPOKE AT THE RECENT P&C CONFERENCE. HE HAS SOME GREAT FREE RESOURCES TO HELP PARENTS, STUDENTS, SCHOOLS AND PROFESSIONALS

ANDREWFULLER.COM.AU



Dear Parents

Our school is constantly reviewing the safety and well-being of all our students. Many of you will know someone who is affected by anaphylaxis, a life threatening allergic reaction.

Our school is an allergy aware school. Staff have had training in severe allergy management and we have implemented lots of strategies to help keep students at risk of anaphylaxis as safe as we can.

We have current students who live with the risk of anaphylaxis to foods and insect stings. Whilst these children are being taught to care for themselves at an age appropriate level, we ask that you help us educate your child on the importance of not sharing food with others, washing hands after eating and calling out to an adult if they think their friend with allergies is sick. With increased awareness and understanding of anaphylaxis, you will be able to help protect those around you.

A food allergy is an immune system response to a normally harmless food protein that the body believes is harmful. When the individual eats food containing that protein, the immune system releases massive amounts of chemicals, triggering symptoms that can affect a person's breathing, gastrointestinal tract, skin, and/or heart. Anaphylaxis is the most severe form of allergic reaction and is potentially life-threatening. It must be treated as a medical emergency, requiring immediate treatment and urgent medical attention.

It is estimated that up to 400,000 (2%) Australians, including 1 in 20 children suffer from food allergies and some of them will experience a life-threatening (anaphylactic) reaction.

Symptoms of food allergy can include:

Mild to moderate allergic reaction

- Tingling of the mouth
- Hives, welts or body redness
- Swelling of the face, lips, eyes
- Vomiting, abdominal pain (note these are signs of a severe allergic reaction if the person has insect allergy)

Severe allergic reaction- ANAPHYLAXIS

- Difficult/noisy breathing
- Swelling of the tongue
- Swelling or tightness in the throat
- Difficulty talking or hoarse voice
- Wheeze or persistent cough
- Persistent dizziness or collapse
- Pale and floppy (young children)



Premier's Reading Challenge

Tips for parents and carers for participating in the Challenge

- ☐ Find out the name(s) of your school's Premier's Reading Challenge (PRC) coordinator(s) and how they plan to administer the Challenge.
- ☐ Familiarise yourself with the [PRC website](#). Logon is not required to view the [Booklists](#) or read the [Rules](#).
- ☐ Visit the new [Premier's Reading Challenge Support website](#). It allows you to search for information about the PRC and also [contact the PRC team](#).
- ☐ Set reminders for Challenge [opening and closing dates](#) in your and your child's calendar.
- ☐ Find out your [child's logon details](#). For public schools, students' logon will be the same one they use to access computers and the internet at school.
- ☐ Assist your child to borrow books from the school or local library. Listen to your child read and talk about the story/ characters/ information. Read to or with your child if she/he is participating in the K-2 Challenge.
- ☐ Help your child to add books to her/his Student Reading Record **regularly**. Log on and go to: Student Reading Records > enter books by ID or Title or Author. To [enter a Personal Choice book](#), select the 'Add a Choice Book' tab > enter part of the title or author > select 'Search'. If your book appears as an option, select 'Add'. If it does not appear, scroll down to the 'Still can't find a book?' section > enter the full title and author > select 'Add'.
- ☐ Check your child's [Challenge history](#) – log on to the website, go to Student Reading Records and select tab 'My Information'. If Challenge participation at a previous school is not listed, contact your child's PRC coordinator.
- ☐ Contact your child's PRC coordinator if:
 - Your child has any difficulty using her/his logon details to access the PRC website.
 - You are concerned that your child's name is spelt incorrectly in the PRC website.
- ☐ Your child's online Student Reading Record (SRR) must have the required number of books recorded to complete the Challenge by the [student closing date](#). School PRC coordinators have an extra week to validate the SRR. Only students with a validated SRR are eligible for a certificate.
- ☐ In the final weeks of the Challenge, log on regularly to the website to check the status of your child's SRR. Contact your child's PRC coordinator if you are concerned your child's SRR has not been validated.

